

DER NORDSEE PODCAST



freilenzten.dornum.de/
nordsee-podcast/

/ Teetied & Rosinenbrot

Das sind deine wöchentlichen 7 Minuten Nordsee. Im Nordsee Podcast führt dich Marlene aus Dornum zu den wunderbaren Orten am Meer. Du wanderst mit ihr durch das Watt, stehst hoch oben auf dem Deich und blickst auf den Nordseestrand. Du lernst, was echter Ostfriesentee ist und wie du ihn richtig trinkst ...

Nimm dir eine gute Tasse Tee, setz dich in den Strandkorb und lausche den Episoden vom Nordsee Podcast Teetied & Rosinenbrot.



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September 2023

Tag		Hochwasser		Niedrigwasser	
1	Fr	01:26	13:29	07:37	20:10
2	Sa	02:11	14:13	08:21	20:54
3	So	02:53	14:58	09:03	21:35
4	Mo	03:33	15:40	09:41	22:11
5	Di	04:11	16:20	10:18	22:43
6	Mi	04:46	17:00	10:53	23:12
7	Do ☾	05:22	17:44	11:27	23:45
8	Fr	06:04	18:40		12:14
9	Sa	07:05	19:58	00:39	13:29
10	So	08:30	21:29	02:04	15:09
11	Mo	09:59	22:52	03:41	16:43
12	Di	11:09	23:49	05:03	17:49
13	Mi	11:57		05:58	18:31
14	Do	00:28	12:33	06:36	19:03
15	Fr ●	01:02	13:05	07:10	19:35
16	Sa	01:34	13:37	07:42	20:05
17	So	02:04	14:05	08:11	20:31
18	Mo	02:30	14:33	08:36	20:56
19	Di	02:56	15:01	09:04	21:22
20	Mi	03:24	15:33	09:35	21:51
21	Do	03:54	16:07	10:06	22:17
22	Fr ☾	04:25	16:44	10:35	22:45
23	Sa	05:03	17:37	11:16	23:37
24	So	06:03	18:56		12:29
25	Mo	07:30	20:34	01:05	14:10
26	Di	09:06	22:07	02:50	15:53
27	Mi	10:29	23:21	04:24	17:16
28	Do	11:32		05:36	18:18
29	Fr ○	00:18	12:22	06:31	19:05
30	Sa	01:04	13:07	07:16	19:45

● Neumond ☾ erstes Viertel ○ Vollmond ☾ letztes Viertel

Oktober 2023

Tag		Hochwasser		Niedrigwasser	
1	So	01:44	13:50	07:57	20:23
2	Mo	02:21	14:32	08:36	21:01
3	Di	02:58	15:14	09:15	21:35
4	Mi	03:33	15:53	09:50	22:05
5	Do	04:06	16:30	10:22	22:31
6	Fr ☾	04:39	17:11	10:55	23:01
7	Sa	05:21	18:04	11:38	23:53
8	So	06:21	19:18		12:48
9	Mo	07:44	20:49	01:17	14:26
10	Di	09:17	22:15	02:59	16:04
11	Mi	10:32	23:16	04:26	17:14
12	Do	11:22	23:54	05:23	17:54
13	Fr	11:57		06:01	18:25
14	Sa ●	00:25	12:30	06:36	18:58
15	So	00:58	13:04	07:10	19:30
16	Mo	01:29	13:35	07:41	19:58
17	Di	01:57	14:05	08:09	20:24
18	Mi	02:25	14:37	08:38	20:51
19	Do	02:55	15:11	09:10	21:22
20	Fr	03:27	15:51	09:46	21:56
21	Sa	04:04	16:36	10:25	22:35
22	So ☾	04:50	17:34	11:15	23:32
23	Mo	05:52	18:52		12:27
24	Di	07:15	20:24	00:56	14:01
25	Mi	08:46	21:50	02:35	15:37
26	Do	10:06	22:58	04:04	16:54
27	Fr	11:06	23:50	05:11	17:51
28	Sa ○	11:56		06:04	18:37
29	So	00:34	11:42	05:51	18:15
30	Mo	00:13	12:25	06:32	18:51
31	Di	00:49	13:07	07:10	19:27

November 2023

Tag		Hochwasser		Niedrigwasser	
1	Mi	01:25	13:49	07:49	20:03
2	Do	02:00	14:30	08:26	20:34
3	Fr	02:34	15:07	08:59	21:01
4	Sa	03:09	15:46	09:32	21:33
5	So ☾	03:49	16:35	10:13	22:20
6	Mo	04:44	17:39	11:12	23:32
7	Di	05:57	18:58		12:34
8	Mi	07:20	20:18	01:02	14:03
9	Do	08:34	21:21	02:26	15:14
10	Fr	09:29	22:05	03:28	16:00
11	Sa	10:10	22:40	04:13	16:37
12	So	10:49	23:17	04:53	17:15
13	Mo ●	11:28	23:53	05:33	17:52
14	Di		12:05	06:09	18:25
15	Mi	00:25	12:40	06:43	18:57
16	Do	00:58	13:19	07:17	19:31
17	Fr	01:34	14:01	07:55	20:08
18	Sa	02:13	14:46	08:38	20:50
19	So	02:56	15:38	09:26	21:37
20	Mo ☾	03:46	16:37	10:21	22:34
21	Di	04:47	17:46	11:28	23:47
22	Mi	05:59	19:05		12:46
23	Do	07:20	20:21	01:12	14:08
24	Fr	08:35	21:26	02:33	15:19
25	Sa	09:37	22:17	03:39	16:17
26	So	10:29	23:03	04:34	17:05
27	Mo ○	11:19	23:45	05:24	17:47
28	Di		12:06	06:09	18:25
29	Mi	00:23	12:50	06:49	19:01
30	Do	01:00	13:32	07:29	19:38

● Neumond ☾ erstes Viertel ○ Vollmond ☾ letztes Viertel

Dezember 2023

Tag		Hochwasser		Niedrigwasser	
1	Fr	01:37	14:13	08:08	20:13
2	Sa	02:13	14:50	08:43	20:43
3	So	02:47	15:27	09:16	21:15
4	Mo	03:26	16:09	09:53	21:55
5	Di ☾	04:12	16:59	10:39	22:49
6	Mi	05:08	17:59	11:38	23:56
7	Do	06:13	19:05		12:47
8	Fr	07:21	20:08	01:09	13:55
9	Sa	08:22	21:03	02:15	14:52
10	So	09:16	21:50	03:13	15:42
11	Mo	10:06	22:36	04:07	16:31
12	Di	10:55	23:19	04:57	17:18
13	Mi ●	11:40	23:59	05:42	17:59
14	Do		12:23	06:23	18:40
15	Fr	00:39	13:10	07:06	19:23
16	Sa	01:23	13:59	07:52	20:07
17	So	02:07	14:48	08:39	20:50
18	Mo	02:53	15:39	09:30	21:38
19	Di ☾	03:42	16:34	10:23	22:30
20	Mi	04:37	17:31	11:19	23:29
21	Do	05:39	18:34		12:20
22	Fr	06:47	19:42	00:38	13:27
23	Sa	08:00	20:47	01:53	14:36
24	So	09:08	21:45	03:04	15:40
25	Mo	10:08	22:36	04:07	16:37
26	Di	11:04	23:24	05:04	17:26
27	Mi ○	11:55		05:54	18:08
28	Do	00:06	12:40	06:37	18:46
29	Fr	00:46	13:21	07:17	19:23
30	Sa	01:23	13:59	07:55	19:58
31	So	01:57	14:33	08:29	20:28



Gezeitenkalender 2023

März – Dezember



Herausgeber: Tourismus GmbH Gemeinde Dornum · Telefon 0 49 33 - 9 11 10
www.dornum.de

Alle Zeiten sind ohne Gewähr! – Bei Ebbe und Flut handelt es sich um
Naturereignisse, deren Zeiten durchaus um einige Minuten variieren können.
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März 2023

Tag		Hochwasser		Niedrigwasser	
1	Mi	05:56	18:24	11:58	
2	Do	07:16	19:50	00:48	13:27
3	Fr	08:46	21:15	02:28	15:01
4	Sa	10:04	22:21	03:57	16:17
5	So	11:00	23:08	04:59	17:10
6	Mo	11:41	23:45	05:42	17:51
7	Di ☾		12:17	06:18	18:26
8	Mi	00:20	12:50	06:51	18:59
9	Do	00:51	13:20	07:23	19:28
10	Fr	01:21	13:49	07:51	19:56
11	Sa	01:51	14:19	08:19	20:27
12	So	02:22	14:50	08:50	21:01
13	Mo	02:57	15:21	09:19	21:31
14	Di	03:31	15:51	09:42	22:00
15	Mi ☾	04:10	16:33	10:13	22:48
16	Do	05:10	17:40	11:14	
17	Fr	06:36	19:12	00:10	12:49
18	Sa	08:15	20:45	01:54	14:33
19	So	09:43	22:03	03:33	16:01
20	Mo	10:54	23:04	04:52	17:09
21	Di ●	11:49	23:53	05:50	18:01
22	Mi		12:34	06:35	18:44
23	Do	00:36	13:12	07:14	19:23
24	Fr	01:16	13:48	07:51	20:01
25	Sa	01:56	14:22	08:27	20:37
26	So	03:36	15:55	09:59	22:10
27	Mo	04:13	16:26	10:25	22:39
28	Di	04:48	16:56	10:46	23:06
29	Mi ☾	05:26	17:35	11:14	23:49
30	Do	06:19	18:37		12:09
31	Fr	07:36	20:04	01:05	13:37

April 2023

Tag		Hochwasser		Niedrigwasser	
1	Sa	09:09	21:36	02:46	15:19
2	So	10:32	22:48	04:22	16:42
3	Mo	11:30	23:36	05:28	17:38
4	Di		12:10	06:10	18:19
5	Mi	00:13	12:45	06:46	18:57
6	Do ☾	00:49	13:19	07:21	19:32
7	Fr	01:23	13:51	07:54	20:04
8	Sa	01:56	14:21	08:24	20:34
9	So	02:28	14:51	08:52	21:05
10	Mo	03:03	15:23	09:22	21:41
11	Di	03:41	15:58	09:55	22:18
12	Mi	04:22	16:37	10:28	22:58
13	Do ☾	05:10	17:26	11:09	23:52
14	Fr	06:13	18:34		12:12
15	Sa	07:38	20:02	01:12	13:43
16	So	09:11	21:31	02:50	15:22
17	Mo	10:33	22:45	04:22	16:45
18	Di	11:36	23:42	05:33	17:47
19	Mi		12:25	06:27	18:38
20	Do ●	00:30	13:07	07:09	19:21
21	Fr	01:14	13:43	07:45	19:59
22	Sa	01:54	14:16	08:19	20:35
23	So	02:32	14:49	08:53	21:12
24	Mo	03:11	15:22	09:25	21:46
25	Di	03:48	15:53	09:52	22:16
26	Mi	04:24	16:26	10:16	22:46
27	Do ☾	05:02	17:05	10:46	23:26
28	Fr	05:51	18:02	11:35	
29	Sa	06:59	19:19	00:30	12:53
30	So	08:22	20:44	01:58	14:26

● Neumond ☾ erstes Viertel ○ Vollmond ☾ letztes Viertel

Mai 2023

Tag		Hochwasser		Niedrigwasser	
1	Mo	09:43	21:57	03:28	15:49
2	Di	10:43	22:49	04:36	16:48
3	Mi	11:26	23:31	05:22	17:34
4	Do		12:04	06:01	18:17
5	Fr ☾	00:12	12:42	06:42	18:58
6	Sa	00:51	13:18	07:19	19:35
7	So	01:28	13:51	07:52	20:10
8	Mo	02:06	14:26	08:26	20:47
9	Di	02:48	15:04	09:02	21:28
10	Mi	03:33	15:45	09:42	22:14
11	Do	04:23	16:32	10:26	23:05
12	Fr ☾	05:18	17:27	11:15	
13	Sa	06:22	18:33	00:04	12:18
14	So	07:37	19:51	01:16	13:37
15	Mo	08:58	21:11	02:39	15:04
16	Di	10:11	22:20	03:58	16:19
17	Mi	11:07	23:14	05:02	17:18
18	Do	11:53		05:53	18:09
19	Fr ●	00:03	12:36	06:37	18:56
20	Sa	00:50	13:14	07:15	19:36
21	So	01:33	13:49	07:50	20:13
22	Mo	02:12	14:23	08:24	20:50
23	Di	02:51	14:57	08:58	21:26
24	Mi	03:29	15:30	09:28	21:58
25	Do	04:05	16:04	09:57	22:31
26	Fr	04:43	16:44	10:29	23:09
27	Sa ☾	05:28	17:33	11:13	
28	So	06:24	18:35	00:00	12:13
29	Mo	07:30	19:44	01:06	13:27
30	Di	08:39	20:52	02:20	14:41
31	Mi	09:41	21:50	03:26	15:44

Juni 2023

Tag		Hochwasser		Niedrigwasser	
1	Do	10:31	22:42	04:20	16:40
2	Fr	11:17	23:31	05:09	17:33
3	Sa		12:03	05:59	18:22
4	So ☾	00:19	12:46	06:44	19:07
5	Mo	01:04	13:26	07:26	19:50
6	Di	01:50	14:08	08:08	20:36
7	Mi	02:40	14:53	08:53	21:24
8	Do	03:32	15:39	09:38	22:14
9	Fr	04:25	16:29	10:26	23:09
10	Sa ☾	05:21	17:24	11:18	
11	So	06:20	18:25	00:07	12:15
12	Mo	07:23	19:32	01:08	13:20
13	Di	08:30	20:42	02:13	14:33
14	Mi	09:35	21:48	03:21	15:44
15	Do	10:32	22:47	04:22	16:46
16	Fr	11:22	23:39	05:17	17:41
17	Sa		12:07	06:06	18:32
18	So ●	00:30	12:50	06:50	19:17
19	Mo	01:17	13:28	07:28	19:56
20	Di	01:58	14:05	08:04	20:33
21	Mi	02:36	14:40	08:39	21:09
22	Do	03:13	15:13	09:11	21:41
23	Fr	03:47	15:46	09:41	22:14
24	Sa	04:23	16:22	10:14	22:51
25	So	05:04	17:05	10:53	23:32
26	Mo ☾	05:48	17:51	11:37	
27	Di	06:36	18:43	00:17	12:27
28	Mi	07:30	19:43	01:09	13:28
29	Do	08:30	20:47	02:10	14:35
30	Fr	09:31	21:52	03:13	15:43

● Neumond ☾ erstes Viertel ○ Vollmond ☾ letztes Viertel

Juli 2023

Tag		Hochwasser		Niedrigwasser	
1	Sa	10:31	22:55	04:17	16:51
2	So	11:28	23:55	05:21	17:53
3	Mo ☾		12:21	06:19	18:47
4	Di	00:49	13:09	07:10	19:39
5	Mi	01:42	13:56	07:59	20:31
6	Do	02:36	14:44	08:48	21:23
7	Fr	03:29	15:32	09:35	22:12
8	Sa	04:20	16:19	10:20	23:02
9	So	05:11	17:10	11:07	23:53
10	Mo ☾	06:01	18:04	11:56	
11	Di	06:52	19:01	00:41	12:48
12	Mi	07:47	20:04	01:31	13:49
13	Do	08:49	21:14	02:31	15:01
14	Fr	09:54	22:22	03:38	16:14
15	Sa	10:54	23:23	04:44	17:19
16	So	11:46		05:42	18:15
17	Mo ●	00:16	12:32	06:31	19:03
18	Di	01:05	13:13	07:13	19:44
19	Mi	01:47	13:51	07:50	20:20
20	Do	02:23	14:25	08:24	20:53
21	Fr	02:56	14:55	08:54	21:22
22	Sa	03:26	15:24	09:22	21:52
23	So	03:58	15:57	09:54	22:28
24	Mo	04:34	16:34	10:31	23:03
25	Di	05:10	17:11	11:04	23:32
26	Mi ☾	05:44	17:49	11:37	
27	Do	06:25	18:41	00:05	12:23
28	Fr	07:23	19:51	00:58	13:32
29	Sa	08:36	21:11	02:11	14:56
30	So	09:52	22:29	03:34	16:20
31	Mo	11:03	23:41	04:54	17:36

August 2023

Tag		Hochwasser		Niedrigwasser	
1	Di ☾		12:04	06:03	18:38
2	Mi	00:42	12:56	07:00	19:33
3	Do	01:37	13:45	07:51	20:25
4	Fr	02:28	14:32	08:39	21:15
5	Sa	03:17	15:19	09:23	22:00
6	So	04:02	16:03	10:04	22:42
7	Mo	04:46	16:47	10:45	23:22
8	Di ☾	05:28	17:33	11:26	23:59
9	Mi	06:09	18:23		12:08
10	Do	06:55	19:22	00:39	13:00
11	Fr	07:57	20:36	01:35	14:14
12	Sa	09:13	21:58	02:52	15:42
13	So	10:29	23:10	04:14	17:03
14	Mo	11:30		05:24	18:05
15	Di	00:06	12:17	06:17	18:51
16	Mi ●	00:51	12:57	06:59	19:29
17	Do	01:29	13:33	07:35	20:02
18	Fr	02:03	14:04	08:07	20:33
19	Sa	02:33	14:33	08:35	20:59
20	So	03:01	14:59	09:01	21:26
21	Mo	03:29	15:29	09:30	21:57
22	Di	03:59	16:02	10:04	22:28
23	Mi	04:31	16:35	10:34	22:51
24	Do ☾	04:59	17:08	10:59	23:15
25	Fr	05:34	17:57	11:37	
26	Sa	06:32	19:13	00:04	12:48
27	So	07:55	20:46	01:27	14:25
28	Mo	09:26	22:16	03:06	16:04
29	Di	10:46	23:33	04:38	17:27
30	Mi	11:50		05:51	18:32
31	Do ☾	00:35	12:43	06:49	19:24