

## Inhalationshaus Dornumersiel mach doch mal 'ne atempause!

Im Inhalationshaus bringst du deine Atemwege auf Trab, denn hier wird Original Dornumersiel Nordseewasser in komprimierter Form vernebelt. Es trägt eine extra dicke Portion Salz, Mineralstoffe und Spurenelemente mit sich und ist deshalb so unglaublich gut für dein Wohlbefinden.



**Eintritt: 1,00 €**

Ermäßigte Münzen für Nordsee-ServiceCard-Inhaber gibt es in der Touristinformation im Reethaus am Meer.

**Inhalationshaus · Hafenstr. 3 · 26553 Dornum – Dornumersiel**  
[www.dornum.de](http://www.dornum.de)

### September 2020

Tag	Hochwasser	Niedrigwasser
1 Di	00:08 12:16	06:15 18:48
2 Mi ☉	00:51 12:55	07:03 19:27
3 Do	01:28 13:34	07:37 20:06
4 Fr	02:07 14:08	08:14 20:36
5 Sa	02:32 14:35	08:38 21:03
<b>6 So</b>	<b>03:01 15:03</b>	<b>09:03 21:26</b>
7 Mo	03:31 15:38	09:34 21:57
8 Di	04:01 16:06	10:07 22:28
9 Mi	04:29 16:36	10:31 22:47
10 Do ☾	04:52 17:13	10:58 23:09
11 Fr	05:26 18:00	11:39
12 Sa	06:29 19:19	00:05 12:55
<b>13 So</b>	<b>08:00 20:59</b>	<b>01:37 14:31</b>
14 Mo	09:31 22:22	03:13 16:10
15 Di	10:45 23:27	04:39 17:26
16 Mi	11:41	05:41 18:20
17 Do ●	00:20 12:30	06:36 19:03
18 Fr	01:05 13:11	07:19 19:46
19 Sa	01:54 13:59	08:03 20:31
<b>20 So</b>	<b>02:31 14:39</b>	<b>08:41 21:17</b>
21 Mo	03:15 15:24	09:25 21:55
22 Di	03:56 16:09	10:03 22:30
23 Mi	04:37 16:53	10:48 23:09
24 Do ☾	05:15 17:48	11:25 23:53
25 Fr	06:06 18:46	12:25
26 Sa	07:14 20:10	00:55 13:39
<b>27 So</b>	<b>08:36 21:38</b>	<b>02:19 15:21</b>
28 Mo	10:07 22:54	03:57 16:51
29 Di	11:08 23:50	05:10 17:52
30 Mi	11:57	05:58 18:32

● Neumond ☾ erstes Viertel ☉ Vollmond ☾ letztes Viertel

### Oktober 2020

Tag	Hochwasser	Niedrigwasser
1 Do ☉	00:31 12:32	06:39 19:04
2 Fr	00:59 13:06	07:10 19:37
<b>3 Sa</b>	<b>01:33 13:38</b>	<b>07:43 20:01</b>
<b>4 So</b>	<b>02:04 14:09</b>	<b>08:16 20:30</b>
5 Mo	02:29 14:33	08:39 20:54
6 Di	02:52 15:05	09:03 21:25
7 Mi	03:18 15:34	09:37 21:46
8 Do	03:49 16:04	10:02 22:11
9 Fr	04:17 16:43	10:30 22:40
10 Sa ☾	04:56 17:31	11:10 23:28
<b>11 So</b>	<b>05:55 18:51</b>	<b>12:21</b>
12 Mo	07:17 20:27	01:00 14:01
13 Di	08:55 21:54	02:43 15:38
14 Mi	10:12 23:05	04:13 16:54
15 Do	11:14 23:53	05:17 17:53
16 Fr ●	12:01	06:08 18:43
17 Sa	00:41 12:47	06:57 19:21
<b>18 So</b>	<b>01:21 13:33</b>	<b>07:36 20:01</b>
19 Mo	02:03 14:18	08:20 20:43
20 Di	02:46 15:08	09:01 21:23
21 Mi	03:30 15:53	09:41 22:05
22 Do	04:05 16:36	10:25 22:40
23 Fr ☾	04:47 17:25	11:08 23:18
24 Sa	05:38 18:23	11:58
<b>25 So</b>	<b>05:42 18:37</b>	<b>00:21 12:12</b>
26 Mo	07:01 20:07	00:44 13:45
27 Di	08:26 21:27	02:18 15:14
28 Mi	09:35 22:19	03:36 16:15
29 Do	10:26 22:52	04:28 16:55
30 Fr	10:57 23:24	05:02 17:27
<b>31 Sa</b> ☉	<b>11:37 23:59</b>	<b>05:41 18:00</b>

### November 2020

Tag	Hochwasser	Niedrigwasser
<b>1 So</b>	<b>12:06</b>	<b>06:19 18:31</b>
2 Mo	00:29 12:37	06:44 18:59
3 Di	00:55 13:06	07:09 19:22
4 Mi	01:22 13:38	07:36 19:49
5 Do	01:54 14:13	08:06 20:19
6 Fr	02:19 14:48	08:40 20:52
7 Sa	02:55 15:31	09:13 21:26
<b>8 So</b> ☾	<b>03:37 16:24</b>	<b>10:02 22:19</b>
9 Mo	04:35 17:31	11:04 23:33
10 Di	05:50 18:54	12:32
11 Mi	07:19 20:23	01:03 14:04
12 Do	08:32 21:32	02:34 15:18
13 Fr	09:40 22:26	03:39 16:18
14 Sa	10:35 23:14	04:42 17:11
<b>15 So</b> ●	<b>11:21 23:51</b>	<b>05:30 17:56</b>
16 Mo	12:13	06:11 18:37
17 Di	00:34 12:56	06:56 19:16
18 Mi	01:18 13:47	07:39 20:01
19 Do	02:00 14:35	08:24 20:46
20 Fr	02:47 15:21	09:06 21:17
21 Sa	03:29 16:08	09:49 21:56
<b>22 So</b> ☾	<b>04:15 17:04</b>	<b>10:40 22:51</b>
23 Mo	05:06 18:02	11:44 23:57
24 Di	06:20 19:14	12:54
25 Mi	07:34 20:25	01:20 14:16
26 Do	08:44 21:30	02:37 15:21
27 Fr	09:41 22:11	03:37 16:05
28 Sa	10:22 22:46	04:24 16:51
<b>29 So</b>	<b>11:02 23:25</b>	<b>05:04 17:24</b>
30 Mo ☉	11:35	05:44 18:02

● Neumond ☾ erstes Viertel ☉ Vollmond ☾ letztes Viertel

### Dezember 2020

Tag	Hochwasser	Niedrigwasser
1 Di	00:02 12:13	06:17 18:30
2 Mi	00:28 12:49	06:46 18:57
3 Do	01:00 13:26	07:23 19:29
4 Fr	01:30 14:03	07:53 20:01
5 Sa	02:08 14:40	08:34 20:37
<b>6 So</b>	<b>02:44 15:25</b>	<b>09:15 21:22</b>
7 Mo	03:27 16:16	10:03 22:11
8 Di ☾	04:20 17:14	10:55 23:13
9 Mi	05:27 18:26	12:07
10 Do	06:40 19:40	00:26 13:27
11 Fr	07:57 20:48	01:49 14:39
12 Sa	09:01 21:48	03:00 15:44
<b>13 So</b>	<b>10:04 22:43</b>	<b>04:08 16:40</b>
14 Mo ●	11:06 23:29	05:02 17:28
15 Di	11:55	05:53 18:14
16 Mi	00:15 12:48	06:41 18:57
17 Do	01:04 13:32	07:25 19:43
18 Fr	01:48 14:24	08:13 20:28
19 Sa	02:26 15:07	08:57 21:03
<b>20 So</b>	<b>03:07 15:50</b>	<b>09:37 21:40</b>
21 Mo	03:49 16:33	10:19 22:16
22 Di ☾	04:37 17:18	11:08 23:08
23 Mi	05:30 18:17	11:59
24 Do	06:29 19:16	00:12 12:58
<b>25 Fr</b>	<b>07:39 20:21</b>	<b>01:25 14:03</b>
<b>26 Sa</b>	<b>08:39 21:14</b>	<b>02:31 15:02</b>
<b>27 So</b>	<b>09:38 22:05</b>	<b>03:33 16:04</b>
28 Mo	10:27 22:48	04:24 16:49
29 Di	11:13 23:28	05:11 17:30
30 Mi ☉	11:49	05:52 18:07
31 Do	00:10 12:30	06:32 18:41

### Gezeitenkalender 2020

März – Dezember



Herausgeber: Tourismus GmbH Gemeinde Dornum · Telefon 0 49 33 - 9 11 10  
[www.dornumerland.de](http://www.dornumerland.de)

Alle Zeiten sind ohne Gewähr! – Bei Ebbe und Flut handelt es sich um Naturereignisse, deren Zeiten durchaus um einige Minuten variieren können.  
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## März 2020

Tag		Hochwasser		Niedrigwasser	
1	So	03:19	15:38	09:34	21:46
2	Mo	03:49	16:04	09:52	22:06
3	Di	04:27	16:46	10:23	22:52
4	Mi	05:20	17:52	11:27	
5	Do	06:48	19:22	00:20	13:02
6	Fr	08:21	20:53	01:59	14:38
7	Sa	09:45	22:06	03:34	16:02
8	So	10:46	23:04	04:45	17:04
9	Mo	11:40	23:50	05:40	17:54
10	Di		12:32	06:31	18:44
11	Mi	00:35	13:15	07:14	19:25
12	Do	01:22	13:55	08:00	20:15
13	Fr	02:05	14:38	08:41	20:52
14	Sa	02:52	15:21	09:20	21:33
15	So	03:38	16:03	09:57	22:15
16	Mo	04:24	16:42	10:30	22:56
17	Di	05:08	17:31	11:16	23:52
18	Mi	06:11	18:42		12:18
19	Do	07:41	20:12	01:17	13:49
20	Fr	09:04	21:27	02:53	15:24
21	Sa	10:22	22:31	04:09	16:32
22	So	11:07	23:13	05:11	17:19
23	Mo	11:43	23:52	05:45	17:57
24	Di		12:20	06:21	18:29
25	Mi	00:24	12:53	06:53	19:01
26	Do	00:59	13:20	07:24	19:33
27	Fr	01:26	13:48	07:48	19:55
28	Sa	01:51	14:10	08:15	20:24
29	So	03:21	15:39	09:41	21:57
30	Mo	03:56	16:11	10:03	22:18
31	Di	04:23	16:36	10:23	22:47

## April 2020

Tag		Hochwasser		Niedrigwasser	
1	Mi	04:59	17:16	10:55	23:27
2	Do	05:57	18:18	11:54	
3	Fr	07:17	19:52	00:48	13:27
4	Sa	08:56	21:23	02:31	15:12
5	So	10:26	22:41	04:08	16:40
6	Mo	11:32	23:37	05:22	17:45
7	Di		12:23	06:19	18:36
8	Mi	00:32	13:09	07:12	19:25
9	Do	01:20	13:52	07:50	20:09
10	Fr	01:59	14:35	08:31	20:54
11	Sa	02:46	15:11	09:17	21:35
12	So	03:36	15:58	09:57	22:16
13	Mo	04:16	16:31	10:33	22:48
14	Di	05:01	17:15	11:03	23:32
15	Mi	05:49	18:06	11:45	
16	Do	06:49	19:10	00:29	12:48
17	Fr	08:12	20:38	01:47	14:11
18	Sa	09:36	21:54	03:18	15:49
19	So	10:51	23:00	04:38	16:57
20	Mo	11:40	23:43	05:32	17:45
21	Di		12:15	06:14	18:27
22	Mi	00:15	12:43	06:48	19:05
23	Do	00:56	13:17	07:23	19:42
24	Fr	01:31	13:48	07:51	20:06
25	Sa	02:01	14:20	08:15	20:37
26	So	02:27	14:44	08:46	21:05
27	Mo	03:01	15:17	09:11	21:32
28	Di	03:35	15:48	09:45	22:07
29	Mi	04:16	16:24	10:11	22:38
30	Do	04:54	17:01	10:45	23:30

● Neumond    ☾ erstes Viertel    ○ Vollmond    ☾ letztes Viertel

## Mai 2020

Tag		Hochwasser		Niedrigwasser	
1	Fr	05:53	18:07	11:44	
2	Sa	07:05	19:31	00:42	13:07
3	So	08:33	20:54	02:15	14:43
4	Mo	10:01	22:13	03:43	16:08
5	Di	11:04	23:12	04:57	17:15
6	Mi	11:55		05:53	18:12
7	Do	00:04	12:44	06:40	19:04
8	Fr	00:56	13:23	07:28	19:44
9	Sa	01:44	14:04	08:09	20:25
10	So	02:29	14:47	08:51	21:15
11	Mo	03:15	15:33	09:31	21:57
12	Di	04:04	16:11	10:08	22:30
13	Mi	04:48	16:50	10:38	23:17
14	Do	05:30	17:40	11:20	
15	Fr	06:26	18:40	00:07	12:14
16	Sa	07:31	19:48	01:10	13:28
17	So	08:49	21:08	02:31	14:48
18	Mo	09:58	22:10	03:41	16:02
19	Di	10:54	22:57	04:43	16:58
20	Mi	11:28	23:43	05:23	17:41
21	Do		12:10	06:07	18:25
22	Fr	00:20	12:43	06:48	19:06
23	Sa	01:02	13:17	07:18	19:42
24	So	01:36	13:48	07:47	20:08
25	Mo	02:06	14:25	08:17	20:42
26	Di	02:47	14:59	08:51	21:21
27	Mi	03:26	15:32	09:30	22:00
28	Do	04:13	16:13	10:10	22:43
29	Fr	05:00	17:03	10:55	23:33
30	Sa	05:55	17:59	11:43	
31	So	06:59	19:15	00:40	12:56

## Juni 2020

Tag		Hochwasser		Niedrigwasser	
1	Mo	08:18	20:29	01:56	14:13
2	Di	09:30	21:38	03:14	15:32
3	Mi	10:36	22:44	04:20	16:45
4	Do	11:29	23:42	05:19	17:43
5	Fr		12:12	06:16	18:35
6	Sa	00:37	13:02	06:57	19:25
7	So	01:26	13:41	07:44	20:07
8	Mo	02:09	14:26	08:26	20:53
9	Di	03:00	15:06	09:09	21:37
10	Mi	03:44	15:50	09:43	22:16
11	Do	04:26	16:25	10:20	22:56
12	Fr	05:06	17:12	10:57	23:39
13	Sa	05:54	18:03	11:42	
14	So	06:47	18:58	00:27	12:35
15	Mo	07:47	20:03	01:31	13:47
16	Di	08:54	21:10	02:29	14:56
17	Mi	09:53	22:04	03:37	15:58
18	Do	10:41	22:59	04:33	16:54
19	Fr	11:31	23:47	05:20	17:47
20	Sa		12:13	06:04	18:32
21	So	00:28	12:52	06:47	19:09
22	Mo	01:11	13:25	07:23	19:52
23	Di	01:56	14:03	08:06	20:32
24	Mi	02:38	14:46	08:43	21:16
25	Do	03:21	15:25	09:19	21:58
26	Fr	04:06	16:08	10:02	22:43
27	Sa	04:57	17:01	10:54	23:40
28	So	05:54	17:54	11:45	
29	Mo	06:47	18:55	00:33	12:41
30	Di	07:50	20:05	01:29	13:50

● Neumond    ☾ erstes Viertel    ○ Vollmond    ☾ letztes Viertel

## Juli 2020

Tag		Hochwasser		Niedrigwasser	
1	Mi	08:58	21:12	02:37	14:58
2	Do	10:03	22:18	03:48	16:13
3	Fr	10:55	23:25	04:49	17:21
4	Sa	11:52		05:48	18:17
5	So	00:23	12:42	06:44	19:11
6	Mo	01:13	13:29	07:30	19:55
7	Di	02:00	14:12	08:11	20:42
8	Mi	02:47	14:48	08:52	21:23
9	Do	03:23	15:30	09:25	22:00
10	Fr	04:00	16:04	09:58	22:32
11	Sa	04:36	16:40	10:28	23:09
12	So	05:18	17:24	11:10	23:46
13	Mo	06:01	18:11	11:52	
14	Di	06:45	18:58	00:28	12:39
15	Mi	07:37	20:02	01:16	13:41
16	Do	08:41	21:08	02:14	14:49
17	Fr	09:45	22:14	03:28	16:01
18	Sa	10:48	23:13	04:37	17:09
19	So	11:43		05:30	18:01
20	Mo	00:07	12:24	06:25	18:50
21	Di	00:54	13:05	07:08	19:34
22	Mi	01:41	13:51	07:54	20:25
23	Do	02:31	14:30	08:35	21:10
24	Fr	03:16	15:18	09:13	21:51
25	Sa	03:57	15:56	09:58	22:35
26	So	04:46	16:50	10:41	23:26
27	Mo	05:35	17:39	11:28	
28	Di	06:27	18:32	00:09	12:21
29	Mi	07:17	19:35	00:59	13:15
30	Do	08:21	20:52	02:00	14:32
31	Fr	09:32	22:04	03:16	15:55

## August 2020

Tag		Hochwasser		Niedrigwasser	
1	Sa	10:37	23:13	04:30	17:05
2	So	11:38		05:37	18:12
3	Mo	00:15	12:25	06:26	19:01
4	Di	01:07	13:14	07:18	19:47
5	Mi	01:50	13:53	07:57	20:27
6	Do	02:31	14:33	08:32	21:04
7	Fr	03:05	15:05	08:59	21:31
8	Sa	03:34	15:32	09:30	22:06
9	So	04:07	16:08	10:05	22:38
10	Mo	04:41	16:42	10:41	23:08
11	Di	05:12	17:24	11:08	23:32
12	Mi	05:44	18:01	11:37	
13	Do	06:29	18:50	00:03	12:31
14	Fr	07:29	20:09	01:04	13:47
15	Sa	08:47	21:32	02:25	15:12
16	So	10:07	22:45	03:50	16:35
17	Mo	11:10	23:46	05:02	17:43
18	Di		12:05	06:07	18:36
19	Mi	00:42	12:52	06:53	19:26
20	Do	01:26	13:33	07:35	20:12
21	Fr	02:12	14:17	08:23	20:55
22	Sa	03:01	15:00	08:59	21:38
23	So	03:40	15:42	09:42	22:21
24	Mo	04:25	16:29	10:26	22:58
25	Di	05:09	17:16	11:08	23:41
26	Mi	05:50	18:06	11:55	
27	Do	06:44	19:08	00:25	12:51
28	Fr	07:45	20:29	01:29	14:09
29	Sa	09:06	21:58	02:48	15:35
30	So	10:26	23:09	04:13	17:00
31	Mo	11:30		05:27	18:07